



LEAD YOUR LOVE LIFE

WITH SARAH OSWALD

Wedding Officiant

Many couples want their ceremony to be uniquely their own. I work directly with you to create a personalized ceremony-- down to every detail. I have deep respect for the intimate role you're asking me to play on your special day, and throughout this design process we will get to know each other well. It's important to me that by the day of your marriage we have developed such a rapport that it feels like I am a friend who has know you for years.

We'll start with an extensive questionnaire, which will help us dive into the planning process with ease. It's meant to get you thinking about the meaning of your union, and help isolate the elements you'd like to include in your ceremony. These questions will also provide me with insight into your partnership which I will weave into your script.

Next, I will send you a draft of your personalized ceremony document. For example, ceremony elements might include: telling your love story, community vows, a ring warming, collective moment of silence, candle lighting, etc. We'll use planning meetings with a toolkit of frameworks/templates to collaboratively hone your ceremony structure to perfection.

On your wedding day, you can relax and leave the details for me to worry about. All you should have to think about is showing up, being present for one another and enjoying the process!

Recommended Inclusive Package: \$798

Includes:

- Couples Discovery Questionnaire to get you asking meaningful questions and support us in building your ceremony script
- Two planning sessions (approximately an hour each) in which I will guide you step by step through the process of designing your ceremony
- A survey link to collect insight from your community to make your ceremony more personalized and intimate
- Custom ceremony design
- Ceremony officiation
- Basic Community Circle to connect your loved ones before, during or after your ceremony
- Signing your marriage license and mailing it to the state
- A complimentary 90-minute Premarital Coaching session
- *(Plus, travel fees of \$1 per mile, for any wedding that is more than 30 minutes away.)*

Optional Add-ons:

- Rehearsal day-of (+\$108)
- Rehearsal day before (+\$300) *(Plus, travel fees of \$1 per mile. Travel fees are included in the wedding package for day-of rehearsals)*

Ceremonies are typically 15-30 minutes in length.

I would be honored to officiate your wedding should you choose to work with me.

Feel free to reach out with any further questions.

Love,

Sarah

Additional Offerings

Premarital Coaching

Getting married is a really big deal! Religious officiants traditionally provide marriage counseling, but with so many couples choosing secular weddings, this counseling aspect is often forgotten. Leading up to, during and after your wedding day, I will support your partnership in building a solid foundation for the life you are creating together.

Private sessions (scheduled in two-hour blocks, to allow us to go deeper and see results faster), in which we will explore topics such as:

*Setting Intentions for your new roles . Constructive Conflict . Vow Support
Family Name Support . Breaking Free from Toxic Patterns . Handling Stresses
Maintaining Passion Over the Years . Building a Strong Relationship with Self
Community Support and Inclusion . Family Dynamics . Kids . Finances as a Married Couple*

My work with couples comes from a living systems perspective, with a focus on relationship to self and community for a thriving romantic partnership. Rooted in Relational Life Therapy, this model of couples coaching focuses on Full Respect Living and Relational Empowerment.

Testimonials:

"We searched for a premarital counselor in sync with people, nature, and the greater spirit. Sarah has helped us realize the depth of love we share. We are more compassionate, present minded, and forward thinking. We learned the value of big and small community, and we couldn't be better prepared for marriage.

We believe Sarah is servicing the world through her calling to bring couples and communities together in companionship and celebration, and we can't recommend her more highly."

-Taylor and Kimi

"Working with you has completely transformed our relationship. You are a gifted coach and have been so on point with knowing how to support us! We are communicating better than ever, aware of our patterns, and able to work through a fight MUCH more quickly. I now realize that our disagreements have gifts! You have made a big difference for us. Your coaching has taught me how to communicate my truth through conversations that are gentle, kind, loving and affirming; and yet I am making my point, taking care of myself, and not being a doormat! What I have learned from you is just fantastic. We would NOT be where we are today without the sessions we've had with you, Sarah. You got what was going on and you saved us. You really did. I just can't thank you enough."

-Anne Marie and Skip

A la carte rate per two-hour session: \$200

Package of 3 two-hour marriage coaching sessions: \$480 (20% discount from a la carte rate)

Community Connector

Weddings release an immense amount of shared joy! Your community celebrates together, bonding over their love of your union. These bonds should support your partnership in years to come. This may be the one time all these people are in the same place (well... except for your funeral...), making it an ideal opportunity to weave your community web!

Think about it. Introducing Aunt Sally to your new cousin-in-law, Robert, can be a challenge. Don't miss your chance to help your families and friends connect. I'll facilitate these connections through activities like circle discussions and playful interactive prompts. Let me build your community. You focus on enjoying your wedding.

Connection Design and Facilitation: Starting at \$200 this work is priced on a sliding scale based on complexity. If you're curious, let's chat about what you imagine would be best for YOUR community.