

## REV. ERIKA HEWITT

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PREMARITAL COUNSELOR \* WEDDING OFFICIANT \* UUMINISTER.COM  
192A Centre St., Bath ME 04530 \* 207/650.5757

I admire couples who investigate premarital counseling! Your inquiry signals a healthy curiosity and tells me that you want to step into your marriage well-equipped, confident that your foundation is strong. Bravo!

My experience and the resources in my professional tool box include:

- \* I've been an ordained minister since 2004, and in "Final Fellowship" (analogous to tenure) with the Unitarian Universalist Association since 2007.
- \* As a member of the UU Ministers Association, I uphold the UUMA Guidelines for the Conduct of Ministry, one of the most thorough codes for the practice of ministry within the congregational church tradition.
- \* I have extensive training in professional ethics and pastoral counseling.
- \* I'm a trained Facilitator for the PREPARE/ENRICH Program, used by over 100,000 trained clergy members, professional counselors, mentors, and marriage educators.

### **Premarital Counseling Options**

**2 hrs / 1 session = \$200**

**4 hrs / 2 sessions = \$350**

#### Family Health & History Review

Marriage and family therapists have long understood that looking back at our families of origin provides tremendous insight into what we bring to our *future* relationships, including marriage and parenthood. This confidential review of family systems includes inventories of physical health, financial values, and planning for your future.

#### Prepare/Enrich Assessment & Report

This package centers around PREPARE/ENRICH, a customized couple assessment completed online (confidentially) that identifies strength and growth areas across ten areas. Based on your results, I provide feedback sessions that affirm what you already do well as individuals and as a couple, explore areas for new skill-building, and help you enter into marriage with clearer expectations.

#### Prepare/Enrich Report & Family Health Review

**6 hrs / 3 sessions = \$500**

This package expands upon both the family review and customized Prepare/Enrich assessment.