

My Thrive Pricing

My Trial Classes/Starter Packages

We offer two trial series for new clients- one for Group Classes and one a half price Private session.

My Mat

4 Mat/TRX/Barre classes
\$60.00

My Reformer

4 Reformer classes
\$90.00

My Combo

2 Mat/TRX/Barre
& 2 Reformer
\$75.00

Mt Private Class

1 Private Class
\$40.00

My Regular Packages

Group Reformer and Corealign

Purchases can only be used for classes labeled Reformer, and CoreAlign

- 1 Class \$45
- 5 Classes \$215
- 10 Classes \$385
- 20 Classes \$685
- 50 Classes \$1525

Group Mat, TRX and Barre

Purchases can only be used for classes labeled Mat, Barre and TRX

- 1 Class \$30
- 5 Classes \$125
- 10 Classes \$195
- 20 Classes \$345
- 50 Classes \$550

Private Sessions

Privates are Apparatus sessions, if you are interested in private Barre, TRX, Mat, please email to arrange it.

- 1 Session \$85
- 5 Sessions \$410
- 10 Sessions \$780
- 20 Sessions \$1525
- 50 Sessions \$3550

Duet Sessions

Duets are Apparatus sessions, offered at both our Shirlington studio and Courthouse studio. If you are interested in something/somewhere else, please email to arrange.

- 1 Session \$70
- 10 Sessions \$650
- 20 Sessions \$1200

My Combination and Special Packages

Unlimited Group Classes

12 month autopay contracts
(30 days emailed notice required to cancel contract. Three late cancels/no shows in a month will result in a \$10 fee per instance)

One Year Unlimited Group Reformer & CoreAlign (plus CoreAlign at Courthouse)
\$285 per month

One Year Unlimited Group Mat & Barre
\$149 per month

Bridal Package

8 Weeks, 8 Mat/Barre Classes,
8 Reformer Classes and 8 Private Sessions
\$1,000

One Year Unlimited Group
(all Group classes available)
\$335 per month