



The Essential Perfect Start - \$350

Start your wedding day present, energized and at peace. Prepare to soak in every last minute by taking this opportunity for you and your bridesmaids to 'hit the pause button' on what will surely be one of the most memorable days of your life. A unique blend of stretches, beginner yoga poses, guided breathing exercises, and cooling lavender pillows will allow each of you to enter into total relaxation before enjoying a mimosa and beginning your celebration preparation. Enjoy your last morning as a fiancé with those in your life who mean the very most to you! Side effects may include glowing complexion, heart centered connection, and increased memories of your wedding day.

Included:

- Pre-session consultation
 - Instructor travel cost
 - Set - up / clean-up of session space
 - Usage of wireless bluetooth speaker
 - Use of yoga mats for bride and bridal party (space permitting)
 - Certified and degreed instructor to conduct the session
 - Safety and flexibility modifications for all fitness levels
 - Customized Mimoga session (as your wedding timeline permits)
 - Use of rose gold cooling lavender pillows during final relaxation
 - 5 Customized Stemless Champagne Flutes (by The Crazy Bunny Lady)
 - Complimentary Bottle of Korbel Champagne (0.75 litre)
 - 1 Bottle of Simply Orange Juice (Pulp Free) 59 fl oz
- 100% Satisfaction Guarantee**



Complete List of Package Add- Ons

Bridal party gift packages are available and completely customizable. The bride will have the opportunity to choose from any of the following items. Gift packages will delivered upon instructors arrival.

Gift package options include (but are not limited to) the following :

Cooling Lavender Pillows — — — — — \$15.00 each
Floral Bridesmaid Robes (various colors) — — — — \$25.00 each
Customized Bridal Party Tanks — — — — — \$25.00 each
Monogrammed Stemless Champagne Flutes — — — \$15.00 each
Monogrammed Yoga Mats — — — — — \$40.00 each
Monogrammed Oxford Button Down Shirts — — — \$45.00 each
Flower Wreath Crown — — — — — \$65.00 each
Baby's Breath Flower Crowns — — — — — \$40.00 each

Optional brunch catering is suggested and may be provided by the caterer of your choice for an additional charge. Coordination with event planner is recommended.

Optional professional photography coverage before, during and after session. This allows everyone to be completely 'unplugged' and present. Online album access will be provided to all participants - \$150.00

*Image of the Stemless Champagne Flutes by The Crazy Bunny Lady

