

Hair Services

At Embodiment Salon and Spa, our Hair Styling Professionals provide their extensive expertise to achieve beautiful results. Styling services range from color with our specialist cuts for men, women, and children to hair extensions and updos for any occasion. Prices are set by each stylist and are determined by the service. Consultations are available.

Nail Services

Naturopathica Holistic Manicure and Pedicure

Rooted in traditional herbal remedies, our **Naturopathica Sea Salt and Seaweed Hand and Foot Treatments** are highly reparative manicures and pedicures. Each service begins with an aromatic soak of *Sweet Birch* designed to soothe and soften the skin. An uplifting *Rosemary Citron Sea Salt Scrub* polishes well-worked hands and smoothes away calluses on feet. A nutrient rich *Seaweed Gel* designed to remove toxins is applied. Hands and feet are wrapped in warm towels for deep repair and intense hydration. To finish, select either our *Lemon Verbena Omega-3* hand cream to nourish and protect the skin, *Gotu Kola Healing Balm* or our *Sicilian Bergamot Body Lotion*, which deeply moisturizes. After a lingering massage designed to hydrate and restore suppleness, nail and cuticle care follow. Finish with a natural buff or polish.

Naturopathica Manicure	\$50
Naturopathica Pedicure	\$75

Embodiment Signature Nail Services

Scented sea salts and **Naturopathica** lotions and creams are incorporated into these signature services. **Smith & Cult's Nailed Lacquer 5 Free Formula** or **Essie** polishes are available.

Embodiment Signature Manicure	\$25
Embodiment Signature Pedicure	\$50
Embodiment Signature Mini Pedicure	\$35

Gel Polish Express	\$35
Gel Polish Manicure	\$50
French Manicure	\$30
French Pedicure	\$55

Princess Manicure (12 years and younger)	\$12
Princess Pedicure (12 years and younger)	\$25

Paraffin Treatment add on	\$10/\$15
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Skin Care

Embodiment Signature Facial

A couture beauty treatment designed to suit the individual, our Signature Facial employs serums, with highly concentrated, active ingredients, producing results that you can see and feel. Skin is radiant and plump with lasting effect.

50 minutes \$90

Embodiment Custom Facial

Boosting skin cell regeneration and turnover, this repair therapy is a must for everyone looking to keep the skin young and wrinkle-free. The renewal component includes a light peel combining AHA's to lift dull dead skin cells and increase cell renewal. Complexion is smoother, brighter, more refined.

50 minutes \$120+

Embodiment Ultimate Face Lifting Treatment

The ultimate in luxury and lift, plump your skin with this collagen booster therapy. Ultra-potent hyaluronic acid and plant stem cells boost the skin from the inside out and smooth lines and wrinkles. Active ingredients lift, plump, and firm the skin resulting in a visibly firmer and more youthful look.

75 minutes \$165

Anti-Blemish Therapy

When the skin's flora is disrupted, breakouts, bacteria and impurities become present in the skin. The anti-blemish therapy, especially effective on back and shoulder acne, rebalances the skin, fights impurities and reduces sebum production leaving radiant, clear skin. An extended treatment incorporating a detoxifying clay mask designed to flush out toxins is available.

50 minutes (face or back) \$100

80 minutes (includes detoxifying clay mask) \$120

Skin Brightening Therapy

This specialty treatment is a fusion of deep exfoliation, relaxing massage and a conditioning mask focusing on brightening, lightening and preventing aging. Utilizing Vitamin C or Lactic Acid to help inhibit the production of melanin and other pigments (dark/age spots) that cause hyperpigmentation, this therapy effectively lightens, brightens and produces a luminous glow.

50 minutes \$100

The Sensitive Facial

Especially designed for ultra-sensitive skin and those that have possible issues with rosacea and/or dermatitis, this therapy, which soothes irritations and reduces inflammation, will help the skin calm and resume normal functions resulting in a fresh, clear look.

50 minutes \$95

The Gentlemen's Facial

Cleansing, clarifying, and customizing to the needs of male skin and their daily rituals, this treatment, including a stress-relieving neck, shoulder, and scalp massage, provides vitality and enhances energy while soothing irritation from shaving.

50 minutes \$90

Intense Moisture Facial

Powerful hydrators and antioxidants revitalizes, increase skin's strength, and enhance radiance. This treatment restores the skin's oil and moisture levels making it appear more supple and elastic.

50 minutes \$95

SkinFit Facial

The FDA-cleared NuFace Trintiy microcurrent device naturally lifts, tones, and sculpts the facial muscles and leaves the face plumped and tightened for younger looking skin.

50 minutes \$100

Add microcurrent to any facial treatment \$20

Microdermabrasion with LED Light Therapy

Crystal or diamond-tip resurfacing with Red-645nm LED Light Therapy stimulates circulation, repairs elastin fibers, and aids in healing. Blue-490nm LED Light Therapy to kills P. Acnes, the bacteria responsible for causing breakouts. Used to treat aging and sun damaged skin, this procedure treats and improves some types of acne, acne scarring, altered pigmentation, fine lines, wrinkles, and stretch marks.

Single Treatment	\$ 80 (per area)	30 minutes
Package of 6:	\$480 (bonus 7th treatment incl.)	
Add Mini Facial:	\$ 40	50 minutes
Add Enzyme:	\$ 45	

Chemical Exfoliation

Chemical peels provide amazing results: increased elasticity, refined pores, decreased blemishes, minimized fine lines, reduced hyperpigmentation, and improved tone and texture with little down time. Our Licensed Estheticians will consult with you about your expectations.

Salicylic 30%

Recommended for oily, acne-prone skin, and uneven tone and texture in skin types I-V, this procedure treats acne and rejuvenates skin. Maximum results with 4-6 treatments.

30 minutes \$95 Series of 6: \$540

Glycolic 30%, 60%

Recommended for all skin types, this peel, made from fruit acid, stimulates exfoliation, improves texture, addresses hyperpigmentation, and smoothes fine lines. Aggressively promotes skin repair and regeneration.

30 minutes \$95 Series of 6: \$540

Modified Jessner 14%

Recommended for fine lines, superficial scar tissue, sun damaged skin, uneven skin tone, aging, and acne prone skin, this synergy of effective acids helps reduce the appearance of melasma, freckles, acne, and mild rosacea.

50 minutes \$125 Series of 6: \$720

Waxing

Brow Wax	\$20	Stomach	\$20	Half Arm	\$30
Lip	\$12	Bikini	\$40	Full Arm	\$45
Chin	\$20	Bikini/French	\$55	Hand	\$20
Full Face	\$42	Brazilian	\$70	Half Leg	\$50
Underarm	\$30	Male Brazilian	\$85	Full Leg	\$75
Side burns	\$20	Back/Chest	\$65	Tweeze	\$25

Please discontinue retinol products for at least two to five days prior to waxing.

Additional Services:

Lash/Brow Tinting	\$ 30	Bridal Makeup	\$115+
Lash Strips	\$ 15	Makeup Application	\$75+
Lash Extensions/Refills	\$250/125		

Body Treatments

M'lis Body Contour Wrap

Lose unwanted inches and smooth unsightly cellulite with our showerless 60-minute contouring wrap. Tone and tighten loose and uneven skin on the tummy, inner thighs and buttocks while slimming 4-14" in one hour. Contour your ideal body shape and feel thinner, younger, and more beautiful.

75 minutes \$125

Naturopathica Body Scrub

Inspired by nature and drawing from traditional healing practices, **Naturopathica** remedies and rituals are created to rejuvenate, comfort and enhance everyday lives. **Naturopathica's Rosemary Citron Sea Salt, Espresso Mud Body Scrub, or Lemongrass Mimosa Body Scrub** detoxify and regenerate the skin while hydrating and purifying. Shower and an application of **Naturopathica** body lotion follow this full body exfoliation.

50 minutes \$100

Mineral Mud Body Mask

Our mineral-rich mask formula absorbs excess oil and removes dead skin cells, dirt, and toxins to reveal fresh, soft skin. Mineral mud stimulates blood microcirculation and refines texture. A shower and an application of body lotion follow.

50 minutes \$130

Still Bath

Enjoy a quiet, thirty-minute, aromatherapy bath. \$30

Sunless Tanning

Single: \$45 Series of 6: \$250

Massage

Our Massage Therapists are Nationally Certified and Licensed. Customize your service with our Aromatherapy Bar~\$5.

Swedish	60m/\$85	90m/\$115
Deep Tissue/Sport	60m/\$95	90m/\$125
Aromatherapy	60m/\$95	90m/\$125
Hot Stone	60m/\$120	90m/\$150
Prenatal	60m/\$95	
Reflexology~add on		30m/\$55

Spa Packages ~ Gift Cards Available

Pretty for the Party

All heads will turn when you walk into the room. This package includes a Signature manicure and pedicure, mini facial, and blow out. You'll be stunning from head to toe!

3 hours \$165

Relaxed and Renewed

Total relaxation can be yours. Renew yourself with a Signature Facial with scalp massage, thermal spa treatment for hands and feet, and ending with our Signature manicure and pedicure. You'll leave rejuvenated and refreshed.

3 hours \$220

Just Take The Time

Our Men's Spa Package, unwind with a Gentlemen's Facial, sixty minute Deep Tissue Massage, and Signature pedicure.

2.5 hours \$235

Escape From The Everyday

Luxurious describes our perfect escape. Melt the day away with our mineral-rich *Mud Body Mask*. Next, have your choice of a Signature Facial *OR* a sixty minute Swedish massage. Finally, indulge in our **Naturopathica** *Sea Salt and Seaweed* Manicure and Pedicure.

3 hours \$340

The Loft @ Embodiment

Schedule your special occasion with our event coordinator.
Bridal and Makeup information can be found on:

www.embodimentsalon.com

Salon Hours:

Monday	9 – 5	Thursday	9 – 6
Tuesday	9 – 6	Friday	9 – 6
Wednesday	9 – 8	Saturday	9 - 5

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contact@embodimentsalon.com

Spa Policies:

We require at least twenty-four hours notice to cancel any appointment, and a credit card number is needed to hold your reservation. Please note that once an appointment is booked-unless we hear otherwise-we will expect you to be there. Missed appointments will be charged in full to the credit card number with which they were held.