FOSS FITNESS ME

Packages are generally 3, 6, or 12 months in length, though custom plans can be created and prices adjusted as needed. Everyone needs something different, please consider this pricing as a guide until you have received a service-proposal after speaking with a staff member.

Wedding Private Personal Training

Program	Program Length	Sessions/Week	Monthly Investment
"Wicked Committed"	12 months	4x/week	$624
		3x/week	$468
		2x/week	$312
"Committed"	6 months	4x/week	$718
		3x/week	$538
		2x/week	$359
"Kind of Committed"	3 months	4x/week	$822
		3x/week	$616
		2x/week	$411

Sometimes fitness packages can't fit the wedding timeline or budget, for these cases we have you covered! Just ask us how you can get amazing results with our It Works! products in time for your big day!

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